



BYJHS Newsletter



אדר א' תשפ"ד - February 2024

A message from Mr Myers and Mrs Reznick

In this week's פרשה, ה' told משה to make a מנורה by fashioning it out of a single bar of gold. משה could not visualize the מנורה, and so ה' showed him a vision of a menorah of fire. However, משה still found it difficult to make.

ה' then told him to throw the bar of gold into the fire, give it one blow with the hammer, and a finished מנורה would emerge! משה threw the gold into the fire, hit it with the hammer and Davened to ה'. Immediately, the complete מנורה emerged from the fire.

The question is; if ה' knew that משה was not going to be able to actually make the מנורה by himself, why did He show him the heavenly vision first?

In order to get anywhere in life, you need to have a goal; a vision of where you are heading. You have to first know what you want, before it can happen. Similarly, you can't daven and expect סייעתא דשמיא if you don't have a clear vision of what you are looking for. Therefore, ה' had to show משה a vision of what he was supposed to accomplish, and only then could משה daven for ה's Help in making the מנורה.

The Alter of Kelm explains how the צדיקים of previous generations became such great people. It was because they knew the power of setting goals, and had visions of what they aspired to reach. In order to really change, one needs to envision the great person he would like to be. When Rav Akiva Eiger was asked how he became who he was, he replied that he strove to become like the רשב"א (one of the great ראשונים who lived hundreds of years before him), and therefore he was able to become Rav Eiger.

A person should always have high goals and keep aiming higher. We have seen this throughout the school this term as our girls all sat exams and put in a huge amount of effort to push themselves higher, to achieve more.

It has been a pleasure watching our girls aim higher this term, from exams to fundraising and more. None of us will ever forget year 10 and year 11 fundraising for school, the excitement was palpable as they kept hitting their target and then went on to set a higher target. Between the two year groups they raised over £20,000 (once it had been doubled). We are so proud of them!

We have seen girls revising all over the school, hearing feedback from many parents how hard their daughters worked, and seeing the girls perform so well in the exam hall.

We are looking forward to the next half term with further learning and אדר activities.

We hope you all have a good half term and a well deserved break

Mr Myers and Mrs Reznick

Year 10 Shabbaton

The theme of this year's Year 10 Shabbaton was **אשירה לה' בחיי אזמרה לאלקי בעודי**, and there was certainly plenty of singing, starting with a fabulous coach ride with all the girls wearing their ubiquitous hoodies. After arriving and eating lunch, they found their rooms and unpacked, and had time to prepare for **שבת**.

שבת began with a beautiful **קבלת שבת** followed by a short idea from Rabbi Wilson. The Friday night meal included lots of harmonious singing and was enjoyed by all. After the meal the girls had a fun and daring Chinese auction, involving interesting prizes, odd dares and weird taste-testing. Next on the agenda was the long-awaited question and answer session, led by Rabbi Wilson, in which many pertinent topics were discussed, including **צניעות**, Jewish music, **בחירה** and other **השקפה** ideas.

After a very late night, everyone slept in on Shabbos morning, and then they all davened together. The **שבת** day meal was another beautiful meal, after which the girls had time to relax before the Shabbos party and **סעודה שלישית**. When **שבת** sadly came to an end, there was **הבדלה** and then the girls quickly prepared for the first of 2 fun socials. This was followed by **מלוה מלכה** and the second social. The excitement continued late into the night, with a video and kumzitz.

On Sunday morning the girls tidied up, cleaned up and packed up, and arrived home exhausted but enthused by the wonderful time they had experienced together.

Many thanks to all the staff (and their families!) who arranged and organised the Shabbaton, and accompanied the girls, including; Mrs Royde, Mrs Aronson, Mrs Rosenzweig, Miss Elkouby, Mrs Feingold, Rabbi and Mrs Wilson, Mrs Bor and Mrs Kaufman who ran the kitchen so efficiently, Miss Marks, Miss Reznick, Miss Rose and Miss Shields.



Year 10 Shabbaton Feedback

"Made a Kiddush Hashem with the way they behaved and they left the building spotless"



"Privileged to be working with such wonderful girls"

SO PROUD

MR MYERS, MRS REZNICK,
MRS ROYDE
AND ALL THE STAFF



"So many girls said thank you"

"Ruach was full of positive energy"

"Palpable sense of achdus"

Fundraising Campaign



£330,032

RAISED OF £ 360,000 GOAL



BYJHS's first fundraising campaign was ב"ה an amazing success. Beginning with a מלוה מלכה for parents and staff, where R' Shaya Klyne spoke about the origins of the school and it's successes over the years to the present day. Rav Wreschner שליט"א gave his ברכה to the campaign, and Mr Myers explained more about how it would run and why it was needed. Attendees also got to watch the campaign video, and enjoyed a delicious buffet.

Many thanks to all parents and staff who took pages and raised

money for our school. Every small amount makes a big difference to the quality of education and the range of activities we can provide for the girls.

A special thank you years 10 and 11 who worked tirelessly to raise money, spending many hours in the hub making phone calls to solicit donations. Both teams did astoundingly well!



Year 10
Year 10 & 11

438
Donors

£ 11,257

Raised Of £ 11,000

[Team Page](#)



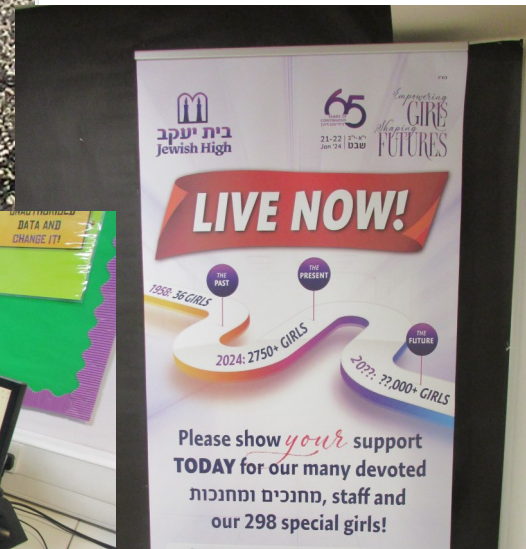
Year 11
Year 10 & 11

369
Donors

£ 10,478

Raised Of £ 9,999

[Team Page](#)



Special Assemblies and Guest Speakers

During exam week, girls heard from a range of speakers, many of whom spoke about their jobs, helping the girls to consider their future options of parnosso possibilities. They included:

Mrs Dardick - Event planning and organisation

Mrs Feingold - Counselling and therapy

Mrs R L Jacobs - Midwifery and healthy living

Mrs E Porush - Pilates instructor

Mrs T Kanter - Reflexology, therapy and a healthy lifestyle

Mrs S Attar - Nursing and healthy lifestyle

Many thanks to Mrs Klein for arranging the speakers, and for running our parnosso possibilities programme with dedication and efficiency.

Rabbi Wilson gave a special assembly in memory of Rav Matsiyahu Salomon זצ"ל, explaining how he was known as 'the משגיח' and, like משה רבינו, he cared for each and every איד. He told over some inspiring and moving stories of how Rav Matsiyahu expressed his love for his fellow Yid, both in the UK and in the USA, enabling the girls to understand how great he was, and how we can try and emulate him,

Mrs Debbie Lebrett, CEO of Work Avenue in London spoke to years 8 - 11. She explained the various different opportunities there are for entering the world of work after school, including apprenticeships which are an excellent way of studying while working. She also discussed her journey to her current position, the importance of having a job and gaps in the labour market.

Year 11 are continuing with their bi-weekly שויתי programme, with Rabbi Gefen working through the שש מצוות תמידיות. They are currently up to מצוה number 5, and it is wonderful to see how many girls stay late after school for these שיעורים.

A large group of year 11 girls gave up an hour of their Sunday for a workshop with Rabbi Akiva Rosenblatt, who discussed with them our purpose in this world and 5 levels of pleasure. Rabbi Rosenblatt was very impressed with the girls depth of understanding and enthusiasm and eagerness to learn. Many thanks to Mrs Sinitsky for arranging.

ט"ו בשבט

Our EC heads, Mrs Levene and Mrs Stern, together with the year 11 Mishmeres team arranged a fun ט"ו בשבט activity for the girls. Focusing on the importance of positive speech and kind words to all, each girl was given the name of a classmate, and had to create a smoothie for her, based on her positive מידות. She then decorated the bottle with compliments for her friend. Just like fruits, each one of us is unique and special, and we must focus on the positive in order to build אחדות. Girls were also given the opportunity to try and speak for one minute about positivity with no hesitations.



Club in the Hub

Open to all years, club in the hub is open daily at lunchtimes as a relaxing place to spread creativity. No creativity? No problem! There are arts and crafts, games or girls can just bring a book for the reading corner and more. There is always a friendly face to chat to or girls crank up the music and have a little dance. Girls can bring their own supplies or use what is provided. Recent special craft activities have included תנוכה files, button trees and the girls are working on making צדקה boxes with the school logo on them.

We are always on the look out for any type of craft supplies, please send into school anything you don't need. Many thanks to Mrs Kos who runs club in the hub, assisted by Mrs Cohen, Miss Goodman and other wonderful staff.



Safeguarding and Mental Health Sessions

Year 7 were split into small groups for their safeguarding talk with Mrs Royde and mental health talk with Mrs Feingold. Mrs Royde discussed simple ways we can keep ourselves safe, when in public and when in other people's houses. She also explained to the girls the importance of using both their inner voice and actual voice. Mrs Feingold explained the stigma behind the phrase 'mental health', what it means and why. She also taught the girls ways to create and maintain good, healthy friendships.

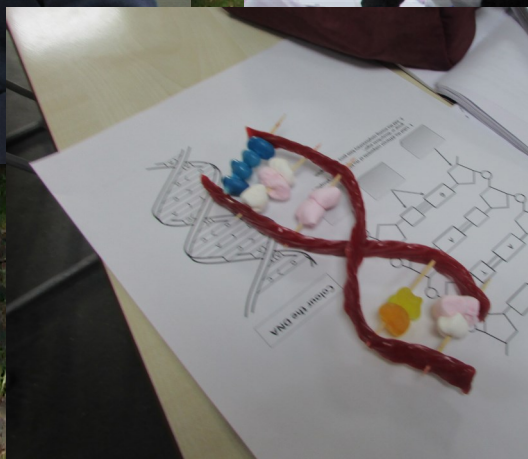
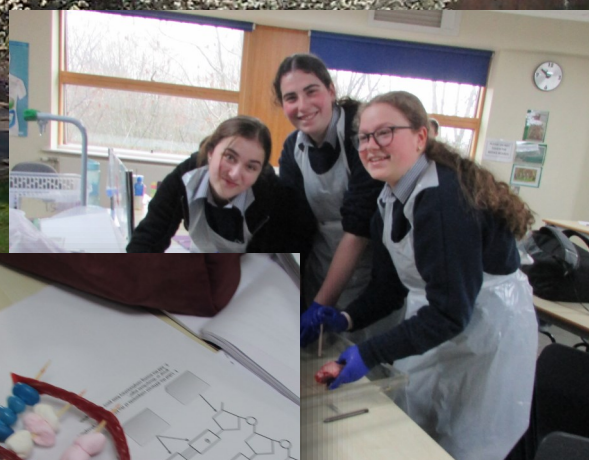
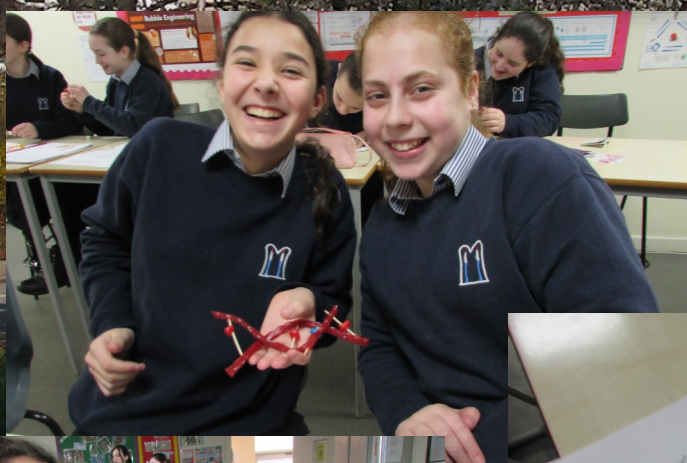
Feelings Wheel



Whatever you can name
you can start to manage

Year 8 Halocho Project

Year 8 were tasked by their teacher Miss Braceiner with creating a visual display of some of the הלכות they have learned so far this year, including מעקה, בשר בחלב, מזוזה, יחוד and חלה. They built some amazing model houses depicting these הלכות, which were judged by a panel of staff. Glida vouchers were awarded to the winning teams.



Year 9 and 10 Science Lessons

An Evening of Music and Inspiration

One of the highlights of this term was the evening of music with Malky Giniger. Arranged by Mrs Levene, the girls first had the opportunity to meet Mrs Giniger in specially arranged question and answer sessions in school. She described how her real job is bringing up her family and supporting her husband in כולל, and how her hobby is teaching music and voice training, writing music and songs, and running recording studios. She gave the girls an excellent insight into the delicate balance of using technology within a busy תורה lifestyle. The girls were enthralled to hear about her busy life and projects.

The evening itself was one to remember. It was introduced by Mrs S Levy, who spoke about the power and impact music can have on the נשמה, and led everyone in reciting תהלים. Many mothers and daughters sat and sang together, and a stunning choir, arranged by Miriam Levene and Miss Elkouby, moved all those in attendance.



צדקה וחסד

As always, our year 11 צדקה and חסד teams have been hard at work, under the guidance of Mrs Sasson, showing how BYJHS embodies the 3 pillars on which the world stands.

A snack sale on ראש חודש שבט and a film night raised over £650, some went to שלח לחמך and some to עניים in ארץ ישראל via חומות החומות. On the last day before half term, an exciting Chinese auction is expected to raise approximately £600 for Manchester Hachnossas Kallah. Thank you to those who have donated prizes.

The חסד team arranged a food drive for Giff. Year 9 managed to collect the most real food and as a reward won an ice cream party, with staff from Giff explaining to them how valuable their contributions are.

Girls from year 8 go weekly to sing in Aim Habonim, and we have had children from Aim Habonim joining us for הלל on ראש חודש which is greatly enjoyed by all.

While the year 10 girls are helping prepare for our בת מצוה evening, girls from year 9 have taken over the weekly visits to Beenstock Home and are having a massive impact helping the elderly. Girls have also helped to clear up from 11 חופות so far this term.

As always, we are so proud of all the חסד our girls do, both in and out of school. They really are keeping the community, and indeed the world, standing.



Volunteers of the Month

DECEMBER 2023 AWARDS



Volunteers of the Month
JANUARY 2024 AWARDS

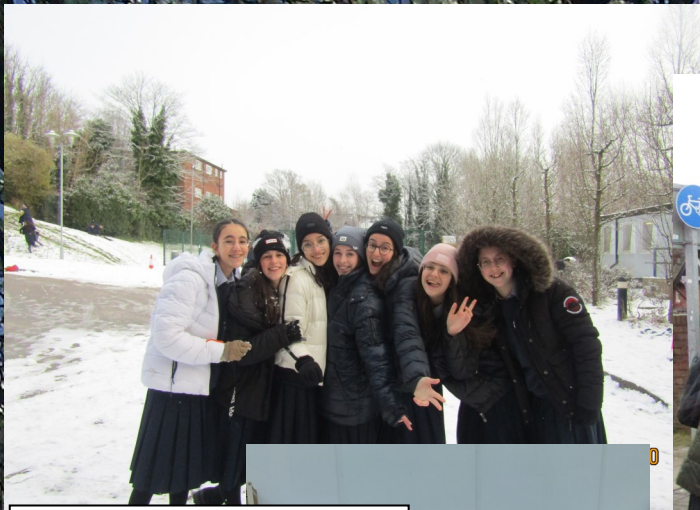
Jewish High

CHANNAH BAR ILAN
LEAH ARTMANN

Thank You
TO ALL OUR AMAZING VOLUNTEERS. KEEP UP YOUR GREAT WORK!

EMPOWERING OUR YOUTH TO SUPPORT OUR COMMUNITY





Snow day at BYJHS



Year 11 History Trip

Our History group in year 11 enjoyed an educational trip to the theatre to watch Hitler on Trial, a special play connected to the GCSE syllabus. Girls learned in more depth about the build up to World War II, and also got some hints and tips for their upcoming GCSE. Many thanks to Mrs Miller, Miss Miller and Mrs Bor for accompanying the girls.

מלוה מלכה 11

Year 11 enjoyed a relaxing מלוה מלכה with their classmates and year team. Pizza and chips were followed by some energetic Zumba, after which they enjoyed a beautiful and heartfelt kumzitz, accompanied by piano and guitar. Many thanks to Mrs Sinitsky, Mrs Klein, Mrs Jacobs and Mrs Stefansky for arranging.



Rewards at BYHJS

As always, we continue to reward positive behaviour, good attendance and being a role model, with our weekly snack bags and ראש חודש iced coffees. This is in addition to our reward shop, where girls can spend their positive points on a range of prizes, from cans and snacks to throws and headphones. 27 girls from year 8 went to Glida as a reward for consistent positive behaviour. Well done!

Monday Snack Bags:

Year 7: Nechama Music, Batsheva Rochel Levenberg, Rochel Tehilla Wilson, Hadassah Hoch, Elisheva Friedman

Year 8: Leah Klyne, Tehilla Goldshmidt, Dina Kornbluth, Dena Cantor, Batsheva Rosenberg

Year 9: Adina Scherer, Odel Burland, Miri Benamor, Leah Bolel, Leah Daniel

Year 10: Debbie Olsberg, Miri Manson, Naama Bauman, Sara Kada, Shevy Shechter

Year 11: Lily Braceiner, Chaya Rochel Katz, Esther Klein, Shoshana Lewis

ראש חודש שבט Iced Coffees

Year 7: Talia Bismut, Penina Frommer, Batsheva Dansky

Year 8: Chana Gehler, Batsheva Thumim, Tzippy Schleider

Year 9: Adina Horn, Adina Yodaiken, Gila Arnold

Year 10: Chana Barllan, Penina Levy, Avital Wahnnon

Year 11: Batya Moore, Adina Lock, Dassy Thumim

ראש חודש אדר א' Iced Coffees

Year 7: Miriam Bolel, Debby Henderson, Elisheva Friedman

Year 8: Shifra Markovic, Chani Benjamin, Leah Brocha Goodman

Year 9: Avigail Librae, Tali Neuman, Michali Miller

Year 10: Ruti Frankel, Orly Burton, Bruchi Friedman

Year 11: Nomi Smith, Brocha Royde, Shani Leitner

