

A message from Rabbi Wilson שליט"א

One day we are sitting on the floor mourning the חורבן and the very next day we are in holiday mode, planning, packing, travelling, celebrating חתונות. It is a remarkable turnaround and makes you wonder, if everyone can be so cheery on אב י' , were there really that sad on אב ט'?

There truth, though, is that the hallmark of Yid is to be so in control of his emotions that one moment he can feel profound pain over the חורבן and the next moment he can feel deep joy at the חופה of a wonderful young couple. Such a person is literally a 'בעל מידות' - the 'master' over his emotions and behaviours.

Yet there is another point here, When חז"ל say בשמחה we should note what this משנה does NOT say. It does not say that there is NO שמחה in the month of אב, but that it is a different kind of שמחה. One well known explanation is that חז"ל are saying that even when it is a time of ממעטין—reducing—where there are many usual things that we do not do, such as חתונות, music, haircuts, bathing, laundry and so on, the ממעטין—the reducing—should be done בשמחה.

שמחה is the common thread that runs through the whole of the month of אב, from ראש חודש and the 9 days through to holiday season, חתונה season and the historically joyous day of טו באב.

The מלבים writes that, whereas ששון is when joy is expressed outwardly, שמחה is a joy that is less visible, but is by definition constant and ever present. It is the joy of growth and fulfilment, the joy of knowing that we are doing the רצון ה' and knowing that the רבש"ע is constantly with us.

Let's make the most of these last few days building up to תשעה באב and, as we go into the holidays, let's keep building and keep growing — בשמחה.

I am sure you will enjoy reading about the many exciting programmes that have taken place this term. A huge thank you to all the staff who have been involved and credit to our girls for making such a קידוש ה'.

Wishing all staff, girls and parents a wonderful, refreshing and break and looking forward to seeing everyone back in school next term בעזה"י.

ברכה והצלחה

Rabbi Wilson

Year 7 בת מצוה

Even last minute changes to covid guidelines could not prevent our special בת מצוה event from happening. Taking place over two afternoons, the mothers were treated to a moving choir, an inspirational speech from Rabbi Wilson, entertaining performances and a delicious, light meal. Each girl presented her mother with a personalised צדקה box as a souvenir. With many thanks to Miss Berghash, Mrs Niasoff, Mrs Saperia, Mrs Green, Mrs Lopian and of course, our amazing cook Mrs Stern for all the many hours of effort they put in to making the afternoons such a success.

Year 11 Shiur week, overnight trip and graduation

The theme for this year's year 11 שיעור week was "ששים ושמחים", encouraging and inspiring the girls to find their תפקיד. They heard from two "Women Of Courage"; Elisheva Matinetee who lives in Stamford Hill, who told them her story about how she came to Yiddishkeit from communist China, and Mrs Fulda from Manchester talking about her experience hiding with a non Jewish family in Holland as a child during WW2. There was a Rebbetzin's Q&A Panel with Rebbetzins Miriam Gefen, Gila Ross, Esther Brachfeld and Mrs Richman, a Tahel safe guarding workshop delivered by Mrs Stefansky and an interactive workshop on emotional wellbeing delivered by the Odd Arts group. They also completed a first aid course and enjoyed שיעורים from Rabbi Wilson and a number of local Rabbonim.

The graduation trip to South Wales was a fitting culmination to a wonderful five years in school. The girls experienced camping, rock climbing and surfing, as well as inspirational words and a late night Q & A around the bonfire from Rabbi Wilson and Rabbi Silkin From London. The instructors said they had never met such a lovely, polite bunch of girls.

This year's graduation took a slightly different format from usual, due to covid restrictions. Following a class photo the girls enjoyed a light buffet. Mothers then joined for the formal part of the evening, which included speeches from Rabbi Wilson and School Captains and Council and presentation of prizes and certificates. The guest speaker, Rabbi Schwartz, spoke about how the challenges of covid could build them for the future.

Thanks to Mrs Levy for all the time and effort put in to making it such a success, and Mrs Richman for all her support and organisation.

Enterprise Day

Year 7, 8 and 9 had an Enterprise Day, organised by Mrs Klein. The girls were put into teams of girls from all three year groups, and were given various tasks to do by The Inspirational Learning Group. The theme was the environment and their task was to design a new use for empty gas cylinders and cannisters. Working in groups, they had to first chose a project manager, brainstorm ideas, develop a concept, brand it and market it. Some of the highest performing groups were invited to present their idea, poster and advert to a panel of judges and the rest of the girls. This challenging and educational activity encouraged the girls to develop skills in time management, financial budgeting, teamwork, leadership, enterprise and creativity.

The presenters were blown away by the politeness and good behaviour of our students and they were amazed how grateful the girls were, thanking them at every stage, staying behind in break to clear up, and addressing them respectfully. They were also impressed that the girls had been split vertically because the interaction between year groups showed a respect and friendliness between the students that they had not encountered before. One of the presenters even commented that she had handed in her notice after the last school she went to, but her day in Beis Yaakov has restored her faith and she would come for free to Beis Yaakov!

Year 9 & 10 overnight trips

The big highlight of this term for year 9 and 10 was their overnight trips to Herefordshire. With glorious sunshine and in high spirits, both classes enjoyed a packed itinerary, including a walk and picnic lunch, swimming and an exciting social programme, midnight kumzitz round the bonfire and a boat trip down the River Severn. The managers of the accommodation commented on how polite and tidy the girls were, the boat captain and crew were delighted with the girls enthusiastic singing and passers-by on the street were amazed at how refined and well behaved the girls were. Although everyone came home rather exhausted, it was a phenomenal experience of **אחדות** and **קידוש ה'**.

Thanks to the mechanchos for all the effort they put in to making it a success, to Mrs Bor and Mrs Kaufman for all the organisation, and of course to the staff who accompanied the girls.

Year 7 סיום

Year 7 celebrated the end of the year with a חומש סיום, organised by Mrs Niasoff, Mrs Treblow and Mrs Royde. The girls chose the food that would look like ideas they had learnt about in פרשת שמות, and labelled them all with the words from the פסוקים. They played some revision games and heard important words from Rabbi Wilson about friendship and גאולה.

Year 9 סעודה שלישית for incoming Year 7 girls

The girls from year 9, under the direction of Mrs Levene, Mrs Schleider, Miss Yodaiken and Mrs Lopian organised a lovely סעודה שלישית for all the girls who are joining year 7 in September. They sang and played a game and got to know each other, within a lovely שבת atmosphere. Some of the year 9 girls will be paired up as mentors for the new year 7s next year.

Year 8 סעודה שלישית

The girls of year 8 enjoyed a lovely סעודה שלישית, organised by Mrs Librae and Miss Fuerst. The theme was 'יהי כבוד חברך חביב עליך כשלך' and the girls enjoyed a דבר תורה, games, riddles and delicious food baked by the girls themselves.

Year 8 חומש סיום

Mrs Librae organised a fantastic סיום on פרשת בא for year 8, where the girls were treated to a delicious lunch of chips and schnitzel. Rabbi Wilson and Mrs Levy both spoke to the girls, who had worked together to produce a wonderful booklet detailing some of the מכות and יציאת מצרים, as they had learnt about in their חומש lessons. It included diary entries, riddles, poems, interviews and לימודים. A revision game was enjoyed by all.

Year 7 & 8 trip to Kick Air

The girls in year 7 and 8 were treated to an energetic end of year activity at Kick Air, where they trampolined, bounced, climbed (and fell!) for two hours. The girls were polite and courteous to all the staff, and had a wonderful time.

Questions and Answers

Once again Mrs Lopian ran a בין המצרים question and answer programme, whereby a thought-provoking question was hung up and girls got the chance to research and return answers. All the girls who answered were entered into a raffle, with one girl from each year winning an iced coffee!

צדקה and חסד teams

Under the guidance of Mrs Sasson, the צדקה team has raised £300 for תומכי שבת and £300 for Special Spirits by selling drinks and snack over the year.

The new צדקה team (current Year 10) sold ice pops, drinks and ice creams during the rounders tournament to raise money for Ezra Care.

The חסד team had water bottles for sale all year raising £180 for Chai Cancer care.

The new חסד team (current Year 10) arranged candy-grams encouraging the girls to 'sweeten someone's day' to promote אחדות amongst the girls during בין המצרים.

A Letter from Beenstock Home

To who it may concern

We would just like to thank all the girls and staff at BYHS for the פורים show CDs you've sent in.

Our residents really appreciated it, they enjoyed seeing you all from a distance. We missed your yearly פורים party for the elderly but this was the best we could all do in a very difficult situation.

I'm sure covid hasn't been easy for all of you, but it is so special that you thought of us, and gave us such a beautiful presentation.

Wishing you all the best, and a beautiful פסח.

Looking forwards to having you all visit again soon.

Kind Regards

MISS CHAYA LOCK

Activity coordinator

The Beenstock Home

Morning inspiration from Year 10

Each morning for the past few weeks, a girl from year 10, under the guidance of Mrs Levy has inspired the school with a short idea before davening on the topic of **אהבת חינוך**. It has been wonderful to see how the girls have prepared these talks and the **כח** the girls have to inspire the other year groups.

New student team appointments

Our new Head Girls are Gila Abenson, Shani Haffner, Perele Roitenbarg, and Adina Royde. School Council are Sara Benamor, Ruti Klein, Yudit Leitner and Sara Stern.

We have also appointed teams for Programmes, Mishmeres, **תפלה**, **צדקה**, **חסד** and newsletter. We are excited about what they will achieve next year **אי"ה**.

Year 9 projects

Under the direction of Mrs Levene, the girls from year 9 have produced some amazing projects on a **גדול**/inspirational person of their choice. They had to research and present their chosen person, and specifically what they achieved in life. We were amazed at the quality of the projects they produced, working with enthusiasm right up to the last week of term.

End of term lesson activities

Each class enjoyed a general knowledge quiz in the History lesson with Mrs Miller, and the Maths team led by Mrs Bloch arranged an educational programme of puzzles and games for each year group.

Year 10 visit to the קבר of the ראש ישיבה Manchester

Mrs Stefansky took a small group of pupils from year 10 to visit the קבר of the Manchester **ראש ישיבה** last week. This was as a culmination to a year of studying **שמירת הלשון** and a commitment to learning **הלכות** a day, which it is well known the **ראש ישיבה** promoted as a **סגולה** for **ישועות**. Mrs Stefansky spoke to the girls about what it means to daven at **קברי צדיקים**, and they said **תהלים** together. They left feeling very uplifted by this special experience.

Mesilo results

We are immensely proud of 11 of the girls from year 10, who completed the Mesilo **תפלה** examination by studying in their own time, including lunchtime lessons, under the supervision of Mrs Royde. 3 of them achieved over 90%, and most achieved over 70%. Most importantly, they have gained a knowledge and understanding of the meaning of the **תפלות**, which will surely be a most precious investment for them.

'Let's unite to bring light' programme

A team of capable year 10 girls, under the direction of Mrs Levy, organised a short programme for the girls last week. A marshmallow barbeque was followed by a kumzitz, after which Mrs Esther Bergman inspired the girls by talking to them about how to react to נסיינות, and seeing the good in every situation. Each girl received a small מנחה card that they should use in the זכות of a ברכה טובה בת אסתר for רפואה שלמה.

Rounders Tournament

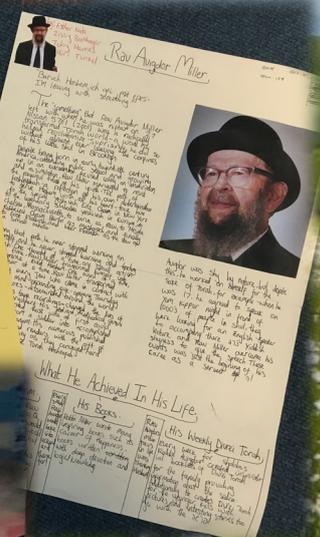
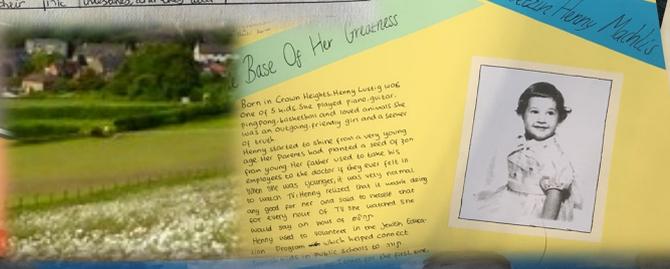
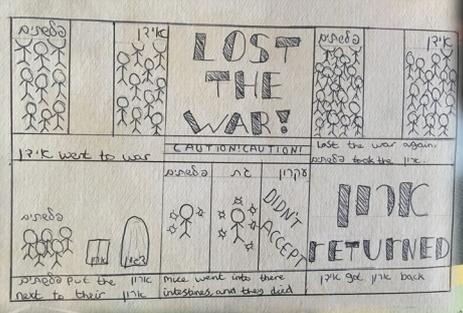
Our annual rounders tournament went smoothly, thanks to Miss Lee's organisation and lovely sunshine. Each year was split in half and played each other in the morning, and in the afternoon the winning team from each year played off in the quarter and semi finals. The grand final was played between year 8 and 10, and the winners, Year 10, got the chance to play against the teachers, and won! Many thanks to Mrs Schwartz for running the tournament so efficiently.

Pre תשעה באב programme

The Year 10 programme team with Mrs Richman, supported by Mrs Levy prepared a phenomenal pre-תשעה באב programme for the school. Girls went through different rooms to allow them to 'experience' different צרות that כלל ישראל have suffered through the ages, including Siberia, the Holocaust, the Inquisition, a plane hijacking and rockets falling in ארץ ישראל. They also watched an amazing Yoel Gold video and had a really heart-warming kumzitz. The underlying message was that every hardship, whether individual or collective, is a נסיון from ה' and an opportunity to grow. It was a wonderful way to finish the term and put everyone in the spirit of תשעה באב.

End of year staff lunch

The staff were treated to a delicious lunch cooked by Mrs Stern, where they had bade farewell to several long standing members of staff. Mrs Lazarus has been with us for 35 years, Mrs Feddy and Mrs Singer for 25 years, Mrs Seaton for almost twenty years and Miss Lee for nearly ten years. They were presented with gifts and well wishes for the new stages in their lives.



Batya Klein, Chedvoh Epstein and Yudit Leitner designed and created a beautiful and inspiring wall art